

Brain Health and Nutrition Assessment Form™ Nutritional Key

SECTION 1 - Brain Circulation

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Brain Circulation:*

NEUROTM (K45): 1-3 capsules a day with meals
NITRIC BALANCETM (K62), (K68): 5 ml (approx. 1 teaspoon) orally once a day

SECTION 2 - Sugar Metabolism

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Sugar Metabolism:*

PROGLYCO-SYNERGYTM (K80): 1 packet once a day
GLYCEMOVITETM (K85): Mix 1 scoop with up to 8 ounces of water. Mix well before drinking. Use once a day.

SECTION 3 - Peripheral Utilization of Sugars

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Nutritional Support for the Peripheral Utilization of Sugars:*

GLYSEN-SYNERGYTM (K79): 1 packet 1-2 times a day
GLYCEMOVITETM (K85): Mix 1 scoop with up to 8 ounces of water. Mix well before drinking. Use once a day.

SECTION 4 - Stress and the Brain

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Physical and Mental Functionality Under Temporary Stress:*

ADAPTOCRINETM (K02): 1-3 capsules with meals

SECTION 5 - Essential Fatty Acids

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Nutritional Support for Essential Fatty Acids:*

BRAIN-ETM DHA (K53), (K55), (K114): 2.25 ml (approx. 2¼ droppers) once a day, preferably with a meal
or PHYTO BRAIN-ETM (K54): 4.1 ml (approx. 1 teaspoon) once a day, preferably with a meal

SECTION 6 - Brain-Gut Axis

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Brain-Gut Axis:*

STRENGTHIATM (K61): 1-3 capsules a day with water
REPAIRVITETM (K60), (K63): 1 scoop 1-2 times a day
GI-SYNERGYTM (K64): 1 packet once a day

SECTION 7 - Brain-Immune Axis

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Nutritional Support for the Brain-Immune Axis:*

NEUROFLAMTM (K46), (K77): 1 capsule 2 times a day
TURMEROTM ACTIVE (K75), (K109): 5 ml (approx. 1 teaspoon) once a day
RESVEROTM ACTIVE (K76), (K110): 5 ml (approx. 1 teaspoon) once a day

SECTION 8 - Gluten Digestion

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Gluten Digestion:*

GLUTENFLAMTM (K52): 2 capsules 2 times a day with meals

Symptom groups listed on this form are not intended to be used for a diagnosis of any disease or condition.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

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SECTION 9 - Intestinal Barrier

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Intestinal Barrier:*

GLUTATHIONE RECYCLER™ (K57): 1 capsule 3 times a day
AC-GLUTATHIONE™ (K88), (K117): 1-2 capsules 1-2 times a day
TURMERO™ ACTIVE (K75), (K109): 5 ml (approx. 1 teaspoon) once a day
RESVERO™ ACTIVE (K76), (K110): 5 ml (approx. 1 teaspoon) once a day
STRENGTIA™ (K61): 1-3 capsules a day with water
REPAIRVITE™ (K60), (K63): 1 scoop 1-2 times a day
GI-SYNERGY™ (K64): 1 packet once a day
NITRIC BALANCE™ (K62), (K68): 5 ml (approx. 1 teaspoon) orally once a day
ULTRA-D COMPLEX™ (K35): 1 teaspoon once a day with a meal or ULTRA-D 5000™ (K78): 1 teaspoon once a day with a meal or LIQUA-D™ (K87): 1 drop once a day

SECTION 10 - Serotonin

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Serotonergic System:*

SEROTONE™ ACTIVE (K38): 1-2 capsules 3 times a day

SECTION 11 - Dopamine

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the Dopaminergic System:*

DOPATONE™ ACTIVE (K41): 1-3 capsules 3 times a day

SECTION 12 - Acetylcholine

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Nutritional Support for the Cholinergic System:*

ACETYL-CH™ ACTIVE (K40): 1-2 capsules 3 times a day

SECTION 13 - Catecholamines

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Nutritional Support for the Catecholaminergic System:*

CATECOSTIM™ (K92): 1-2 capsules 3 times a day

SECTION 14 - GABA

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for the GABAergic System:*

GABATONE™ ACTIVE (K39): 1-2 capsules 3 times a day
GABACORE™ (K93): 1 capsule once a day or as directed by your healthcare professional

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