

## **GOOD PRACTICE IDEAS 2023**

### **Group Class A**

#### **Claire**

Use a metronome to help understand the rhythm when pieces are confusing.

#### **Colleen**

Before you begin practicing, have a goal in mind. Know what you want to accomplish.

Split up practice – scales and technique in the morning, solos and audition rep after school.

#### **Erya**

Practice in the morning – it's more productive than at the end of the day. You won't be tired.

#### **Kelly**

Flash practice (like a flash mob) with a buddy. Drop what you're doing – go practice. For retention – write one thing down at the end of a practice session for focus next session so it stays fresh.

Have a practice session where you only play music you want to play – make practice FUN!

#### **Morgan**

Practice with piano music so you can understand the music better (knowing the harmony *and* melody).

#### **Sarah**

Anytime you aren't sure if it's right, use the metronome to set you straight.

### **Group Class B**

#### **Alyssa**

Practice in front of a mirror, so you can see your posture and position.

#### **Daniel**

For fast pieces, sight-read at extra slow metronome setting and work up slowly

#### **Evelyn**

Play the scale in the key of your solo so you have a better grasp of fingerings beforehand.

**Jason**

For fast sections, alternate fast slow fast slow, then slow fast slow fast, then 4 notes of fast preceded by four notes of slow, then 4 fast 4 slow. This isolates the movement of the fingers allowing you to focus on smaller sections of movement.

For slurs, practice with different bowings.

**Jinger**

Practice in small sections.

**Logan**

When frustrated, take a break, refresh yourself.

**Maya**

Practice in an environment that that is conducive to good focus.