

Helen Fall has been active in the Washington metro area freelance community for more than 30 years. Her musical career began as a violinist. She added viola, now her principal instrument, eighteen years later.

Orchestral Experience

Currently, Helen is a member of the viola sections of Fairfax and Alexandria Symphonies. She served as Principal Viola in the Arlington Symphony for 20 years, (1984-2004). Helen was honored to participate in the very first National Orchestral Institute in the summer of 1988, with conductors Jorge Mester, Andrew Litton and David Zinman. A native of Nebraska, Helen moved to Virginia in 1978. Before moving to Virginia, she played violin in the Lincoln Symphony Orchestra.

Chamber Music Experience

Helen has a member of the numerous chamber ensembles in the metro area, including Argonne String Quartet, Fairfax Chamber Ensemble, Rutherford Chamber Soloists, Con Brio!, Ziveli!, and the Gentry Chamber Ensemble. As a chamber musician, Helen has performed in various chamber series throughout the DC/Virginia/Maryland Region.

Solo Experience

Helen has been engaged as a soloist over the years for many occasions. She was the featured soloist in May 2013 with the Washington Metropolitan Chorus, performing the viola solo for Ralph Vaughn Williams' *Flos Campi*. In 1992 she performed Hindemith's *Trauermusik* with the Arlington Symphony Orchestra.