

**Helen Fall** has been active in the Washington metro area freelance community for more than 30 years. Her musical career began as a violinist. She added viola, now her principal instrument, eighteen years later.

### **Orchestral Experience**

Currently, Helen is a member of the viola sections of Fairfax and Alexandria Symphonies. She served as Principal Viola in the Arlington Symphony for 20 years, (1984-2004). Helen was honored to participate in the very first National Orchestral Institute in the summer of 1988, with conductors Jorge Mester, Andrew Litton and David Zinman. A native of Nebraska, Helen moved to Virginia in 1978. Before moving to Virginia, she played violin in the Lincoln Symphony Orchestra.

### **Chamber Music Experience**

Helen is currently a member of the Argonne String Quartet. Previous chamber ensembles have included the Fairfax Chamber Ensemble, Rutherford Chamber Soloists, Con Brio!, Ziveli!, and the Gentry Chamber Ensemble. As a chamber musician, Helen has performed in various chamber series throughout the DC/Virginia/Maryland Region.

### **Solo Experience**

Helen has been engaged as a soloist over the years for many occasions. Her most recent solo engagement was in May 2013 with the Washington Metropolitan Chorus, performing the viola solo for Ralph Vaughn Williams' *Flos Campi*.