

Score from Page 1: \_\_\_\_\_

**Section 2**

Now, please check off each incident you can answer yes to with the following questions:

- 1. You have had a tick bite with no rash or flu-like symptoms. \_\_\_\_\_ 3 points
- 2. You have had a tick bite, an Erythema migrans or undefined rash, followed by flu-like symptoms. \_\_\_\_\_ 5 points
- 3. You live in what is considered a Lyme endemic area. \_\_\_\_\_ 2 points
- 4. You have a family member diagnosed with Lyme and/or tick borne infections. \_\_\_\_\_ 1 point
- 5. You experience migratory muscle pain. \_\_\_\_\_ 4 points
- 6. You experience migratory joint pain. \_\_\_\_\_ 4 points
- 7. You experience tingling/burning/numbness that migrates and/or comes and goes. \_\_\_\_\_ 4 points
- 8. You have received a prior diagnosis of Chronic Fatigue Syndrome or Fibromyalgia. \_\_\_\_\_ 3 points
- 9. You have received a prior diagnosis of a non specific autoimmune disorder (Lupus, MS, Rheumatoid Arthritis). \_\_\_\_\_ 3 points
- 10. You have had a positive Lyme test (ELISA, Western Blot, PCR). \_\_\_\_\_ 5 points

Please add your points from Section 2 \_\_\_\_\_ + Score from Page 1 \_\_\_\_\_ = \_\_\_\_\_ (This is your Ongoing Score)

**Section 3**

1. Thinking about your overall physical health, for how many days during the past 30 days was your physical health not good?  
\_\_\_\_\_ days

Thinking about your overall mental health, for how many days during the past 30 days was your mental health not good?  
\_\_\_\_\_ days

- 0 - 5 days = 1 point
- 6 - 12 days = 2 points
- 13 - 20 days = 3 points
- 21 - 30 days = 4 points

Please add your points from Section 3 \_\_\_\_\_ + Ongoing Score \_\_\_\_\_ = \_\_\_\_\_

**Section 4**

Lastly, if on the first page you rated a '3' for all of the following:

- Fatigue
- Forgetfulness, poor short term memory
- Joint pain or Swelling
- Tingling, numbness, burning or stabbing sensations
- Disturbed sleep - Too Much, Too Little, Early Awake

Please give yourself a 5 and add it to the final score after Section 3 = \_\_\_\_\_ (This is your FINAL SCORE)

**FINAL SCORING:**

Now please take your final score and compare it to the scale used by Dr. Horowitz

- 0 - 20 Tick Borne Illness not likely
- 20 - 40 Tick Borne Illness possible
- 40 - above Tick Borne Illness highly likely